

Year KS1 Unihoc

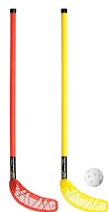


Knowledge Organiser: PE

You will learn: individual skills and play basic team games.

Key Vocabulary

Dribble	Indian dribble	Push pass	Hit
Tackle	Puck	Stick	Pitch



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What is a puck?

How do you dribble?

What is the difference between open and Indian dribbling?

How can you work as a team?

How do you score?

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Key facts

In KS1 Unihoc, the children will learn individual skills such as feint dodges, flicks, jab tackles and basic attacking and defending as well as tactical play. They will participate in team games and use some of the basic rules of hockey.

Key skills

Children will learn how to correctly hold a hockey stick and how to angle feet when pushing and hitting the ball. They will participate in team games whilst being able to communicate effectively. They will dribble open stick and Indian dribble whilst developing simple tactics for attacking and defending. They will be able to push and hit the ball and become familiar with some of the key rules of the game.