

KS1 Rugby

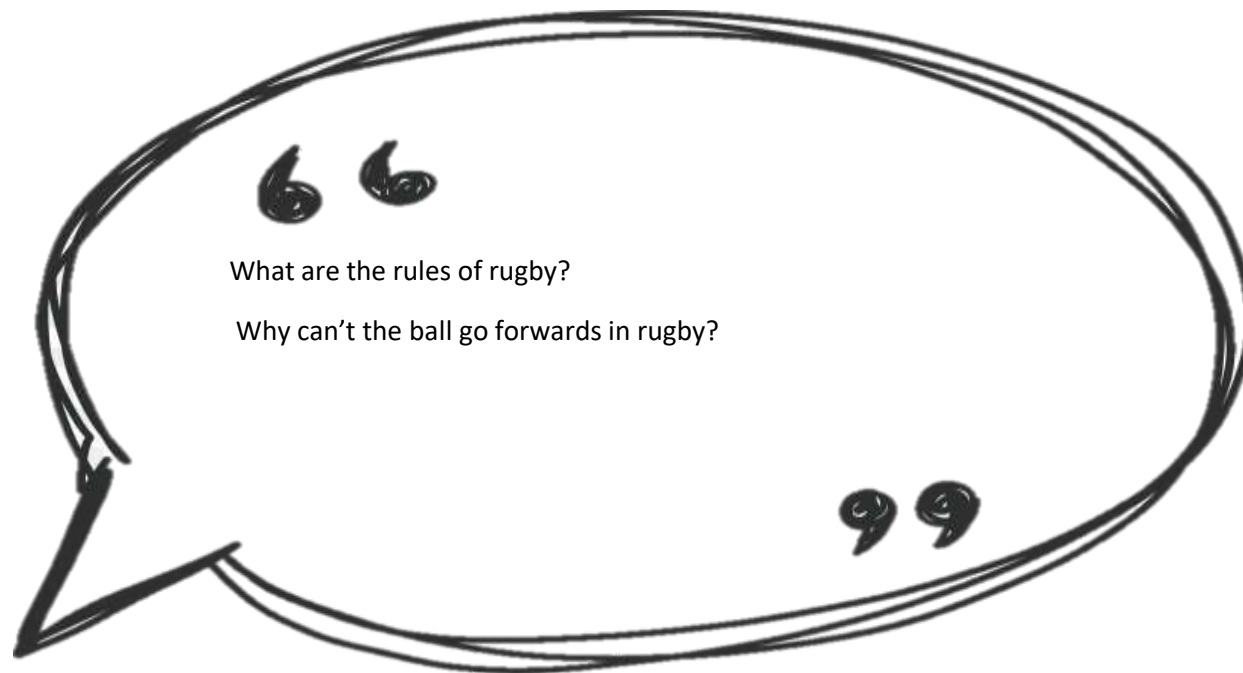


Knowledge Organiser: PE

Key Vocabulary			
Rugby ball	Grubber kick	W grip	Ball carrying hand



In KS1, you will learn : how to hold and how to carry an oval rugby ball.



Key facts	Key skills
Rugby ball- The oval shaped ball used for rugby. Grubber Kick - A kick that bounces along the floor. W Grip- the position of your hands in a W shape when wanting to receive the ball. Ball carrying hand- the arm used to hold the ball under the arm.	KS1 Rugby Skills At the end of this topic children will be able to: - Run with the ball under their arm - Pass the ball correctly - Receive the ball correctly - Take part in races and mini games - Understand the importance of warming up. Children in Year 2 will extend this by having the opportunity to kick the ball and understanding why it bounces in different directions.