Year 6



Knowledge Organiser: PE

Dance (KS2 NC - perform dances using a range of movement patterns)

Choose a theme.

Key Vocabulary					
Action/Reaction	Canon	Freeze frame	Choreograph		
Count	Dynamics	Timing	Set		
Trigger	Unison	Emotions	Feelings		





In Year 5, you learnt:

Compose own dances.

Use different levels in composition.

Combine dance moves to create a sequence

Move in accordance with the pace and mood of music

Listen to, learn and replicate dances from other cultures.



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Independent choreography

It is now (mostly) over to the children to create the routine with their own ideas using the skills and knowledge learnt. Using Stimuli and help provided from each section of the chosen music they need to choreograph their own journey. You (teacher) will need to plan and arrange the movements and members of the group.

Emotions/Feelings

This is part of the performance of the dance. Emotion is used to communicate the feeling and the characters of the dance to the audience. A way to do this is with the dynamics of the movements as it can demonstrate power, enjoyment, curiosity etc.

Freeze frames

Freeze frames are a massively effective action to use which temporally immobilises someone! Freeze frames can really demonstrate a specific part of the dance.

Self analysis

This is being able to discover strengths and areas for improvement in your dance, then modify and improve. Doing this through video is hugely beneficial as you are able to see things for yourself such as timings, the emotion of the performance, and if a move works or not.