Hollybush

Year 5

Knowledge Organiser: PE

Dance (KS2 NC - perform dances using a range of movement patterns)

Key Vocabulary						
Kinaesthetic	Narrative	Isolation	Cannon			
Levels	Movement	Theme	Balance			
Control	Formation	Choreograph	Routine			
Confidence	Coordination	Dynamics	Feedback			
Choreography	Duet	Execution	Improvisation			







In Year 4, you learnt:

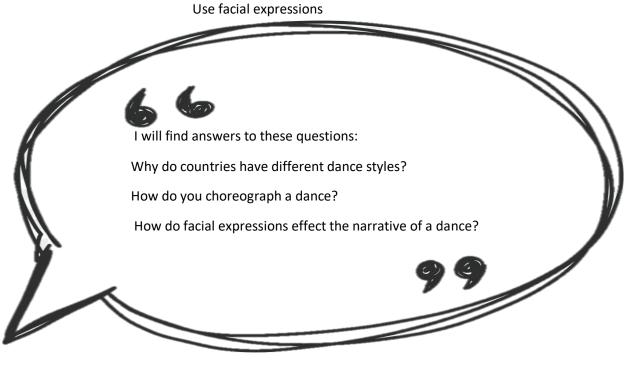
How to keep your body stable

To understand how your body moved to the music

How to control your body parts

To change your body movements and move different parts at the same time

 $Implement\ safety\ measures\ through\ spatial\ awareness$



Key facts	Key skills
In this Dance unit, the children will explore different dances from other	Dynamic warm ups and static cool downs.
cultures, such as Indian Bollywood and Country Dancing, they will listen to the	Compose own dances.
mood of music and develop their own rhythm in accordance to the flow of the	Use different levels in composition.
music. They will work on improvisation and interpretation of different music.	Combine dance moves to create a sequence
Also they will work on their facial expressions, working in canon and unison and	Move in accordance with the pace and mood of music
dancing at different levels. Their final piece will be to choreograph their own	Listen to, learn and replicate dances from other cultures.
dance.	