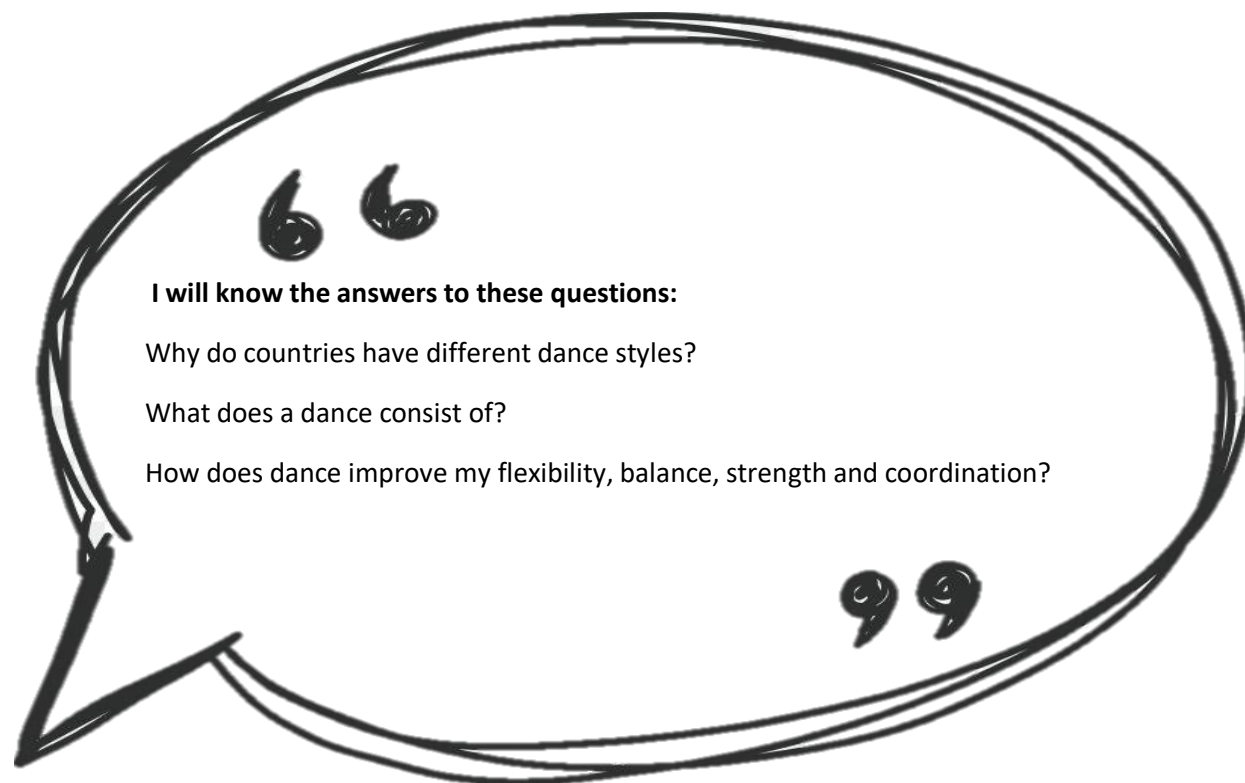


Key Vocabulary			
Travel	Mood	Flexibility	Strength
Balance	Coordination	Repetition	Spatial awareness
Rhythm	Pace	Flow	Control



In Early Years, you learnt to :

Experience and develop a range of fundamental movement skills.
These improve co-ordination, locomotion, control, balance and



Key facts	Key skills
<u>What is dance and how do other cultures dance?</u> In this Dance unit, we will explore different dances from other cultures, listen to the mood of music and develop our own rhythm in accordance to the flow of the music. We will develop our coordination, balance and special awareness by combining moves in sequences.	Dynamic warm ups and static cool downs. Mirroring partner moves Copy a sequence of moves Combine dance moves to create a sequence Move in accordance with the pace and mood of music Listen to, learn and replicate dances from other cultures