

Year UKS2 Hockey

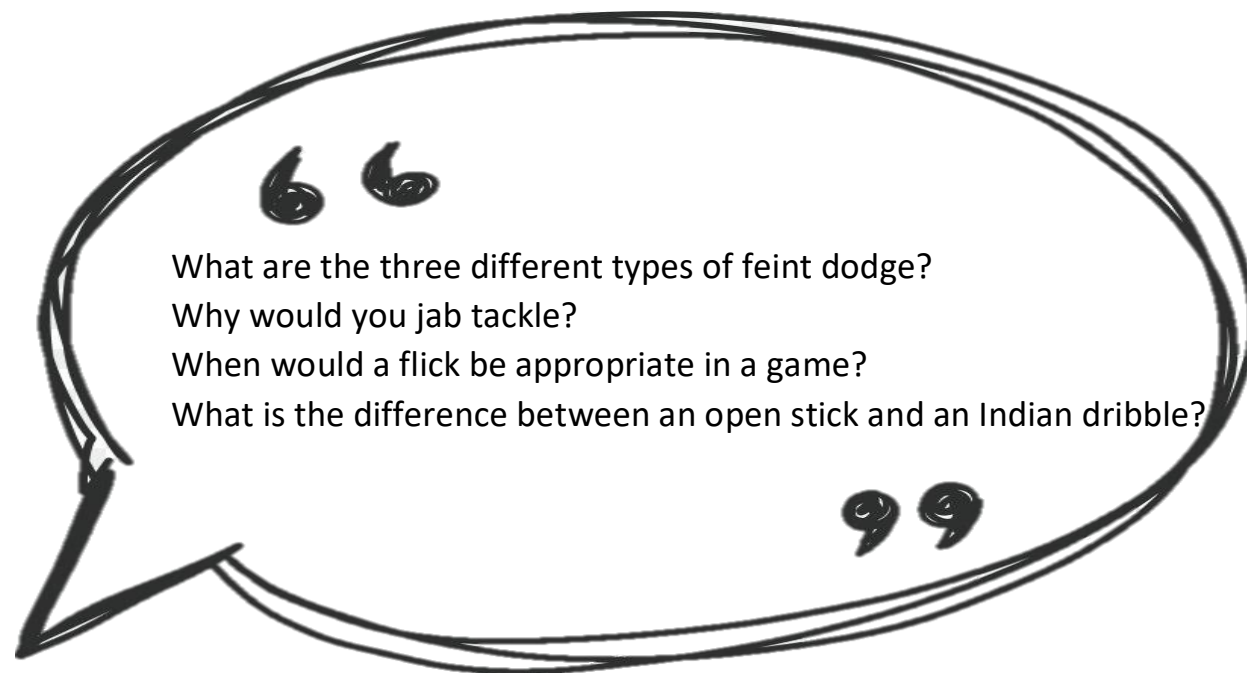


Knowledge Organiser: PE

Key Vocabulary			
Centre pass	Dribble	Flick	16 yard hit
Feint dodge	Cross	Clearing	Obstruction



In LKS2, you learnt: different types of pass and dribble in hockey as well as receiving the ball using a cushion. You also took part in mini games.



Key facts	Key skills
In hockey in KS2, the children will learn individual skills such as feint dodges, flicks, jab tackles and basic attacking and defending as well as tactical play. They will participate in team games and use some of the basic rules of hockey.	Children will learn to participate in team games and be able to communicate effectively. They will dribble open stick and Indian dribble whilst developing simple tactics for attacking and defending. They will attempt to jab tackle on the open side and reverse side and practice 3 different types of feint dodge and begin to use them in games. They will be able to practise flicking the ball and become familiar with some of the key rules of the game.

Rules and Regulations

No jewellery of any type can be worn.

Hair must be tied away from the face at all times.

Trainers must be worn. Shin pads may be worn if wanted.

If the ball touches your feet it is a free hit for the other team.

A player awarded a free hit may take the ball themselves in a 'free pass'.

Tackles must not be obstructive and the ball must be 'made'.

A combination of dribbles and feint dodges in the game are encouraged.

Because a 'keeper' is not wearing kickers, they will not be allowed to kick the ball.

Long and short corners will be awarded when the ball goes off the back line.

Only the open side of the stick may be used.

Flicks will be taught and practised but not used in games.

Local Hockey club – Hertford Hockey club